# In vivo NMR spectroscopy

### Magnet for IRM



# Gradient of magnetic field





#### IRM 11.5 Tesla: project « *iseult* » France-Germany orange: superconductors coils; blue: helium enclosure and machinery weight:45 tons



# Magnetization of biological tissues



# Macroscopic magnetization of biological tissues



Nearly all MR image display tissue contrasts that depend on proton density PD, T1 and T2 simultaneously.

PD, T1 and T2 weighting will vary with sequence parameters, and may differ between different tissues in the same image.

To distinguish different tissues, we need to obtain contrast between them. Contrast is due to differences in the MR signal, which depend on the T1, T2 and proton density of the tissues and sequence parameters.

## Encoding with frequency



#### Measurement of T1 with 180°, $\tau$ , 90° sequences dM<sub>Z</sub>/dt = (M<sub>Z</sub>-M<sub>0</sub>)/T<sub>1</sub>; M<sub>Z</sub> = M<sub>0</sub> (1-2exp-t/T<sub>1</sub>)



#### Free induction decay and Fourier transform



## Spin-echo experiment

















# The FID decreases with a time T<sub>2</sub>\*<T<sub>2</sub> due to the static field inhomogeneities



## Spin-echo sequence.

### TE= time between 90° pulse and signal. small < 50ms; high > 60ms TR: Repetition time between 90° pulses. small < 600ms; high > 1800ms



Each tissue has a specific proton density, T1 and T2 time. The NMR signal depends on these 3 factors.

After time T1, longitudinal magnetization has returned to 63 % of its final value. T1 defines the recovery rate of longitudinal magnetization.

With a 1.5 T field strength, T1 values are about 200 to 3000 ms.



#### Longitudinal magnetization recovery (T1)

After time T2, transverse magnetization has returned to 37 % of its initial value. T2 defines the decay rate of transverse magnetization.

For example, here are transverse magnetization decay curves for 2 tissues A and B with different T2s.



T1 and T2 of tissues

#### 63 % of T1

Residual : 37 %



#### Short TR and long TE



### Long TR; short or long TE



## Short TR, short TE



# Long TR; Short TE



# Long TR; long TE







SE sequence TR TE 1710 110 India la la la la la la la la Indulated a late Contrast TL P 18% 7.96



## Selective excitation -MRI



# The gradients of the magnetic field are generally linear and symmetrical



GSS: gradient of the slice selection
This gradient is applied during the Rf pulses
The thickness of the slice is determined :
-by the slope of the gradient G if the frequency band, Δν, is constant;
-by the frequency band if the slope of the gradient G is constant.





# VID\_20170513\_174342\_049.mp4

# Rough order of relaxation times

Relaxation Times Human Tissues	T <sub>1</sub>	$\mathbf{T}_{2}$
Cephalo-rachidian	2500 ms	2000 ms
liquid		
Gray matter	900 ms	90 ms
White matter	750 ms	80 ms
Liver	450 ms	50 ms
Fat	300 ms	40 ms

## Weighting T1 and T2

Tissue	Weighting T <sub>1</sub>	Weighting T <sub>2</sub>
Fat	Hyperintense (blanc)	Hyperintense (blanc)
Cortical bone	Hypointense (noir)	Hypointense (noir)
Bone marrow (adult)	Hyperintense (blanc)	Hyperintense (blanc)
Tendons /ligaments /muscles	Hypointense (noir)	Hypointense (noir)
Simple Cyst	Hypointense (noir)	Hyperintense (blanc)

# **Spin-Echo Contrast Variations**

# T1-weighted Proton Density

T2-weighted



# (Coronal shoulder images showing rotator cuff tear)

## Normal Cranium



#### Axial section T<sub>1</sub>



#### Axial section T<sub>2</sub>



# Benign cerebral tumour







# Normal kidney



### Normal liver; normal left kidney



Hepatic tumor: angioma



#### Normal womb, bladder (vesica) and rectum



# Spine (vertebral column), spinal cord



Effect of a contrast agent in MRI: Increases the difference of the signal intensity between two adjoining tissues

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Contrast Mechanism in MRI

-Difference of the proton density (cannot be modified)
-Modification of T1 and T2 relaxation times
-Susceptibility effects (T2\*)
-Resonance frequency shifting

# Influence of Ga on T1(with,without) green zone: maximum contrast



## Complexes with gadolinium



## Iodide organic compounds



Effect of a contrast agent in MRI: increases the difference of the signal intensity between two adjoining tissues



# MRI with contrast agents





# **Functional MRI**

Since the detection of images is very fast (< 1s) and the resolution is <1 mm, it is possible to detect the functional activity of the brain.

The principle consists of the exchange between the oxyhaemoglobine HbO and the desoxyhaemoglobine which increases locally in the space activated by the arrival of fresh blood.



## Functional MRI. Left: erotic images; right:saving of money



# Are you happy or sad?



# <sup>129</sup>Xenon NMR

#### **Cerebral Blood Flow (CBF)**

P. Choquet et al, Mag. Res. in Medicine, 2001, <u>46</u>, 208-212 ; Methods in Enzymology, 2004, <u>385</u>, 149



#### Injection of Xenon through the

right internal carotide artery



# left internal carotide artery



#### MRI of stroke using HP 129 Xe

Xin Zhou.....Mitchell Albert NMR in Biomedecine, wileyonlinelibrary.com

Imaging from a nonlesioned rat brain: homogeneous image within both brain hemispheres.



Image after right cerebral artery occlusion. There is a large signal void in the ipsilesional (right) hemisphere.





#### Image of a rat lung after inhalation of HP Xe Hiroshi Sato *et al.*, Mag. Res. in Medical Sciences, 2004, <u>3</u>, N°1, 1-9.



*In vivo* gas-phase image human lung from healthy volunteer. These images show that the increase of the Xe concentration does not increase the SNR.

G. Norquay et al, XEMAT 2012



#### Ventilation scans of volunteers: a, b, c: healthy subjects; d, e, f : chronic obstructive pulmonary disease (COPD)

Isabel Dregely et al, XEMAT 2012



End of the part 5



# VID\_20170517\_151507\_815.mp4

#### Pulses 90° and signal



# A (echo at $2\tau$ ) $\propto \exp[-(2\tau/T_2) - (2\gamma^2 G^2 D \tau^3)/3]$

Time of the experiment Te Diffusion coefficient *D* Spatial magnetic field gradient *G* 

## Spin-echo sequence



# Acquiring of several projections

